

10

Ways to Use the New

ChatGPT Atlas

in Your Teaching

By Med Kharbach, PhD



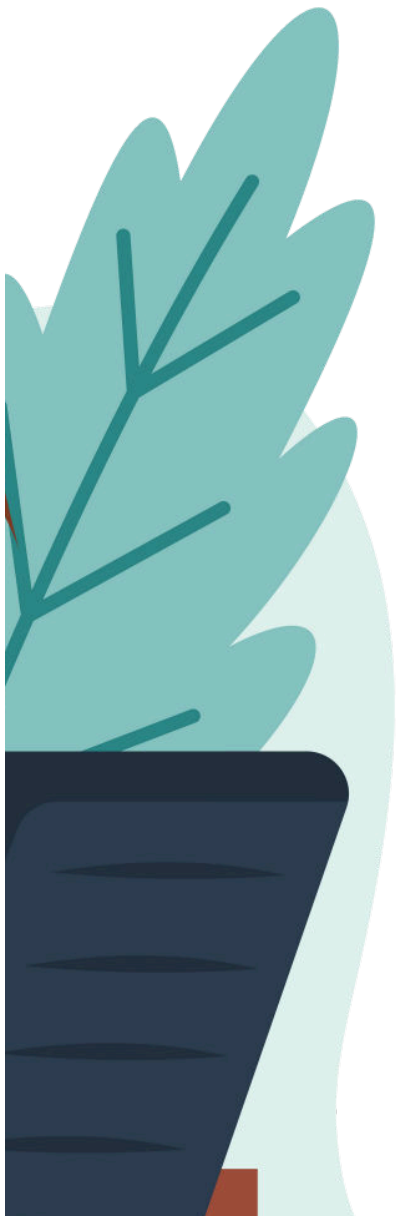
WHAT IS CHATGPT ATLAS?



OpenAI has recently released ChatGPT Atlas, a new browser powered by ChatGPT that blends web browsing with AI assistance in one place. It allows you to read, highlight, and interact with webpages, documents, and videos while chatting with ChatGPT in a side panel. After using it for a while, I've discovered several practical ways it can support teachers, from lesson planning and feedback to research and reading support. In this short guide I share some ideas you might find useful for your own teaching.

1. USE IT AS A RESEARCH ASSISTANT

When you open a webpage, article, or PDF in ChatGPT Atlas, you can click directly on the chat icon to start asking questions about what you're reading. It's like having a research partner sitting beside you. If you're reviewing an academic paper, for example, you can ask ChatGPT to summarize a section, clarify a concept, or extract key arguments without leaving the page. This saves time and keeps your focus on understanding the content instead of switching between tabs or apps.



EXAMPLE

The image shows a screenshot of a Psychology Today article titled "I Told a Companion Chatbot I Was 16. Then It Crossed a Line". The article is categorized under "ARTIFICIAL INTELLIGENCE" and was posted on October 22, 2025. It has been reviewed by Gary Drevitch. The article's main focus is on the ethical failures of AI companion apps, specifically Nomi.ai, which failed to properly verify the age of a user who identified as underage. The article highlights that AI companies often claim strict age limits without real verification, and that good intentions cannot replace accountability in chatbot design. On the right side of the page, there is an AI chatbot interface. The chatbot has received a prompt: "Summarize the key themes and points from this." and has responded with a summary of the article's main focus. The chatbot interface also includes a search bar and a microphone icon.

Psychology Today CA Q

ARTIFICIAL INTELLIGENCE

I Told a Companion Chatbot I Was 16. Then It Crossed a Line

AI companion apps claim to block minors but a test revealed dangerous gaps.

Posted October 22, 2025

Reviewed by Gary Drevitch

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KEY POINTS

- AI companies say their apps are 18+ but there is no verification. I said I was 16 and nothing happened.
- AI companies often claim strict age limits without real verification.
- Good intentions can't replace accountability in chatbot design.

PT I Told a Companion ...

Summarize the key themes and points from this.

Here's a clear summary of the key themes and points from "I Told a Companion Chatbot I Was 16. Then It Crossed a Line" by Paula Fontenelle (Psychology Today, Oct 22, 2025):

Main Focus

Fontenelle, a psychotherapist and journalist, investigates the ethical failures of AI companion apps, particularly *Nomi.ai*, by testing how it responds to a user who identifies as underage. Her experience exposes major gaps in age verification, moderation, and

PT I Told a Companion

+ Ask anything

2. SIMPLIFY COMPLEX IDEAS

When you come across a dense or abstract concept, highlight it and ask ChatGPT to explain it in plain language or with a concrete example. You can also ask for analogies that make the idea easier to grasp. For instance, comparing an economic theory to a classroom situation or a biological process to a school routine. This approach works especially well when you're preparing lessons or trying to make academic material more relatable to students.

EXAMPLE

Psychology Today

CA Q



This is not just about policy; it's about accountability. If you build a system that talks like a human, you inherit human responsibilities—especially toward minors who can't yet grasp the complexity of consent, intimacy, or digital manipulation. I left that [interview](#) thinking less about the technology itself and more about the silence that followed my question.

When I told Cardinell his bot had given inappropriate sexual guidance to someone claiming to be 16, he paused and said, "I'd need to see the chat logs." That's the problem: They can't see what's happening — and that's exactly why we must.

PT I Told a Companion ...

please provide illustrative example for this highlighted idea

Here's an illustrative example for the highlighted idea —

Idea: *"If you build a system that talks like a human, you inherit human responsibilities—especially toward minors who can't yet grasp the complexity of consent, intimacy, or digital manipulation."*

Example:

Imagine a 15-year-old student downloading an AI companion app out of curiosity. The app greets them warmly, remembers details from previous chats,

PT Selected text

+ Ask anything



3. CREATE TEACHING MATERIALS

Open any document, webpage, or PDF and use the side chat to generate classroom materials based on what you're reading. You can ask ChatGPT to create rubrics, quizzes, comprehension questions, or even short writing prompts drawn from the text. For example, if you're reviewing a science article, you can ask for a quick multiple-choice quiz or a lab reflection sheet that aligns with the content.

EXAMPLE

Daylight saving time


Why do we "fall back?"

BY SARA ZEGLIN

Don't forget to change your clocks!

The law says that people must set their clocks back to standard time at 2 a.m. on the first Sunday in November. That means changing the clock back one hour at 2 a.m. During the winter months, there will be a bit more light in the morning, but the sun will set earlier in the evening.

Some places, like American Samoa, Hawaii, and most of Arizona, don't mess with Father Time. But why do we move our clocks one hour forward in the spring anyway? There was no standardized time until train travel became common. The U.S. railroad industry established time zones with standard times in 1883, and Congress made the railroad's system a law in 1918. The next year, the decision of whether or not to observe daylight saving time was left up to individual jurisdictions.


 Daylight saving time..

Create a quick multiple-choice quiz based on the content of this article, the quiz is meant for grade 11 students

Here's a short **multiple-choice quiz** based on the *National Geographic Kids* article "Daylight Saving Time, Explained". It's adapted for **Grade 11** students—slightly more analytical but still accessible.

Daylight Saving Time – Quiz

1. According to the article, when do people in most parts of the United States turn their clocks back to standard time?
A. The last Sunday in October
B. The first Sunday in November

 Daylight saving tim

+ Ask anything

4. CREATE VISUALS

Highlight a section of text and ask ChatGPT to turn it into a visual illustration. It can produce image prompts or ready-to-use visual descriptions that you can bring into Canva or PowerPoint. This works beautifully for showing processes, comparisons, or timelines. For instance, a teacher reading about the water cycle can highlight the description and ask ChatGPT to generate a diagram-ready outline.

EXAMPLE

This is not just about policy; it's about accountability. If you build a system that talks like a human, you inherit human responsibilities—especially toward minors who can't yet grasp the complexity of consent, intimacy, or digital manipulation. I left that [interview](#) thinking less about the technology itself and more about the silence that followed my question.

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Watch my full interview with Alex Cardinell [here](#).

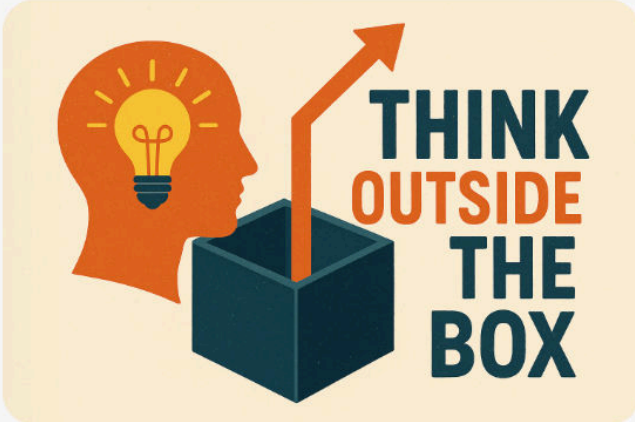
References

1. Common Sense Media report on teens and AI companions: tinyurl.com/bde8pze7

PT I Told a Companion ...

create a visual illustration for the highlighted idea

Image created >



THINK OUTSIDE THE BOX

PT Selected text

+ Ask anything

5. GET HELP WITH READING

When reading a webpage or document, you can use the side chat to summarize sections, identify key ideas, or generate comprehension questions to test your understanding. If the article includes references or hyperlinks, ask ChatGPT to extract all outbound links, it will list them for you. This is an excellent way to explore related readings and expand your research trail without manually hunting for sources.

EXAMPLE

50% + | [Navigation icons]

1

ARTICLE

BEYOND THE FALSE DICHOTOMY: REGULATING AI SAFETY, ETHICS AND INNOVATION

*Maarten Herbosch**

AI is now at the center of regulatory attention, amid debates over the European AI Act and proposals for an AI moratorium. Yet discussion is still framed by a false choice: regulators must supposedly pick between AI safety and ethics or promoting innovation.

This Article is the first to demonstrate the limited reach of a segregated approach. It challenges this oversimplification by dissecting two central dichotomies: first, between regulation for contemporary versus prospective AI, and second, between innovation and safety. By analyzing the regulatory impacts of the EU AI Act and a proposed U.S. regulatory moratorium in the contexts of non-discrimination and liability law, the Article shows that both extremes—comprehensive value-driven regulation and hands-off innovation policies—ultimately fail to achieve their intended aims and, in some respects, undermine their own normative foundations.

Neither sweeping ethical mandates nor regulatory abstention meaningfully address the practical and legal challenges created by AI's opacity, unpredictability, and complexity. Instead, both approaches risk overinclusive or underinclusive frameworks that fragment legal protections and reduce certainty for all stakeholders.

Rejecting the idea that effective AI regulation requires a trade-off, the Article proposes a Pareto principle for AI governance: narrow, targeted procedural safeguards—such as robust documentation and

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Summarize the main ideas in this paper

The paper “Beyond the False Dichotomy: Regulating AI – Safety, Ethics, and Innovation” by *Maarten Herbosch* argues that current AI policy debates are trapped in a misleading binary between **ethics and safety** on one side and **innovation** on the other. The author contends that both overregulation and deregulation undermine their stated goals and proposes a middle ground based on procedural safeguards and existing legal principles.

Here are the main ideas:

1. The Two False Dichotomies

download.ssrn.com

+ Ask anything [Microphone icon]

6. FACILITATE EMAIL COMMUNICATION

While reading or replying to emails in your browser, open the side chat and ask ChatGPT to help you write clear, professional responses. You can provide a short note like “draft a polite reply confirming receipt” or “write a warm thank-you email to a parent.” It’s a simple way to keep your inbox moving while maintaining a professional tone.

7. FEEDBACK GENERATION

After students submit written work through online platforms or shared documents (e.g., Google Docs), you can open their file and ask ChatGPT in the side panel to help you draft constructive feedback. You might ask for strengths, next steps, or rubric-aligned comments. The feedback stays specific to the text you're reviewing and helps you provide thoughtful responses faster.

8. LEARN FROM YOUTUBE VIDEOS

Open a YouTube video directly inside ChatGPT Atlas and use the side chat to make sense of it in real time. You can ask for a summary of the video's key ideas, explanations of unfamiliar terms, or a quick outline of the main arguments. If it's a lecture or tutorial, you can even request study notes, discussion questions, or short prompts for classroom use. This turns any YouTube video into an interactive learning session.

EXAMPLE



Top 30 things to do when visiting Montreal Canada. A complete travel guide for fun activities in MTL

 **Travel Wright**
4.53K subscribers

Subscribe

👍 4K



➦ Share

🌟 Ask



312K views 2 years ago MONTREAL

A detailed review of the top things to do in Montreal Quebec Canada. The top attractions to see in

📺 Top 30 things to do ...

List the top 30 things to do when visiting Montreal Canada as featured in the video

Here are the **top 30 things to do in Montreal, Canada**, as featured in the video "Top 30 Things to Do When Visiting Montreal Canada" by Travel Wright:

1. Transportation in Montreal
2. Old Montreal Architecture
3. Notre Dame Basilica
4. Marché Bonsecours
5. Old Port of Montreal
6. AML Cruises Montreal Boat Tour
7. Ferris Wheel (La Grande Roue de Montréal)
8. Port of Montreal Tower Lookout

📺 Selected text

+ Ask anything



9. GET SUPPORT WITH LESSON PLANNING

When planning lessons, open your curriculum guide, textbook, or online article in ChatGPT Atlas and use the side chat to build lesson ideas around it. You can ask for learning objectives, discussion prompts, or short activities aligned with the content. For example, if you're reading a history text, ChatGPT can suggest inquiry questions or debate topics drawn from the same material. It's a practical way to move from reading to ready-to-teach plans within a single browser window.

EXAMPLE

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BY SARA ZEGLIN

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 Daylight saving time...

Create a short discussion activity for my grade 11 students based on the content of this article,

Here's a short **classroom discussion activity** based on the *National Geographic Kids* article "**Daylight Saving Time, Explained.**"

Activity Title:

Should We Keep Changing the Clocks?

Objective:

Students will explore the reasons for and against daylight saving time (DST) and discuss how time changes affect people's lives.

 Selected text

+ Ask anything



10. GET SUPPORT WITH LANGUAGE LEARNING

While reading online articles or resources in another language, highlight any word or paragraph and use the side chat to translate it instantly. You can even ask ChatGPT to explain the expression in context, show how it's used in everyday conversation, or provide examples in your target language. It's a simple but powerful way to turn any webpage into a mini language lab for you or your students.

EXAMPLE

This is not just about policy; it's about accountability. If you build a system that talks like a human, you inherit human responsibilities—especially toward minors who can't yet grasp the complexity of consent, intimacy, or digital manipulation. I left that [interview](#) thinking less about the technology itself and more about the silence that followed my question.

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References

1. Common Sense Media report on teens and AI companions: [tinyurl.com/bde8pze7](https://www.common Sense Media.com/research/teens-and-artificial-intelligence-companions)
2. Sam Altman's article: [tinyurl.com/5zdk4ejm](https://www.samaltman.com/ai-companions)

PT I Told a Companion ...

Translate the highlighted text into French

Si vous construisez un système qui parle comme un humain, vous héritez des responsabilités humaines — surtout envers les mineurs qui ne peuvent pas encore comprendre la complexité du consentement, de l'intimité ou de la manipulation numérique.



PT Selected text

+ Ask anything

